ICAOM

## LEARNING PROFICIENCY EXAMINATION

## FOUNDATIONS, ACUPUNCTURE, CHINESE HERBAL MEDICINE, BIO-MEDICINE

## **Stage Four Review**

## **Review and know the following:**

- Familiar with the disease or symptom of the following disorders in TCM terms: Fan, Zao, Shi Mian,Xin Ji, Xiong Bi, Zi Han, Dao Han, Yao Tong, Yi Jing, Gao Xue Ya, Fei Jie He, Fei Qi Zhong, Fei Pang, Xin Ji, Zheng Zhong, Tai Lou, Xiao Yao, Xiao Ke, Ke Sou, Qi Chuan, etc...
- 2. The differences of Xin Xue Xu or Xin Yin Xu will present on the \_\_\_\_\_\_
- 3. TX for Gao Xue Ya, with throbbing vertex and temporal headache
- 4. Actions, indications, & ingredients for these formula: Zhi Gan Cao Tang, Zhen Wu Tang, Long Dan Xie Gan Tang, Tian Ma Gou Teng Yin Xue Fu Zhu Yu Tang Gua Lou Xie Bai Bai Jiu Tang Huo Xiang Zheng qi San Zuo Gui Yin Dan Shen Yin Shen Fu Tang Huang Lian Jie Du Tang Yu Nu Jian Cang Er Zi San Ding Zhu Wan Yu Ping Feng San Zhen Zhong Dan
- 5. Action and indications for these extra points: An Mian Yi Shu Lan Wei Zhi Xie Bai Chong Wo Er Bai Si Bai Tai Bai Yang Bai

- 6. Signs and symptoms, patterns, herbal and acupuncture TX for the following:Duo Mei (somnolence), Jiao Lu (anxiety), Zi Han (spontaneous sweating), Dao Han (night sweat), Jian Wang (amnestic syndrome), Kou Chou (Halitosis), Kou Chuang (Mouth ulcer), Ya Xuan (gingivitis), Fei Qi Zhong (emphysema), etc...
- 7. Actions, indications, & ingredients for these formula: Shou Tai Wan Suo Quan wan Wu Ling San Yu Quan Wan San Jin Tang You Gui Wan Jin Kui Shen Qi Wan Jin Suo Gu Jing Wan Shui Lu Er Xian Dan Long Dan Xie Gan Tang
- 8. All Lin syndromes such as: Re Lin, Xue Lin, Gao Lin, Shi Lin, Lao Lin, Long Bi, etc...
- 9. Signs and symptoms, patterns, herbal and acupuncture TX for the following: Jue Zheng, gurgling in the throat, clenching of the teeth, Yi Jing (seminal emission), Huang Dan (Jaundice), Channel and Organ stroke, facial paralysis, Dysphasia, Hemiplegia, Bian Mi, Dysmenorrhea, Po Shang Feng (wind toxin tetany, muscular tetany), Dian Xian (epilepsy), Zhi Chuang (hemorrhoid), morning sickness, miscarriage, eclampsia, Chan Hou You Yu Zheng, Tai Wei Bu Zheng, lochia, E Lu Bu Jue, Zi Xian, Yin Ting, Ru Shao, mammary abscess, Diabetes Mellitus, Hashimoto Disease, hypothyroidism, goiter, hyperthyroidism, Parkinson's disease, etc...

10. Actions, indications, & ingredients for these formula: Ba Zheng San Ba Zhen Tang Oian Zheng San Bao Zhen Tang Bu Yang Huan Wu Tang Yu Zhen San An Shen Ding Zhi Wan Huai Jiao Wan Gui Pi Tang Bu Zhong Yi Qi Tang Huai Hua San Bao He Wan Ling Jiao Gou Teng Tang San Jia Fu Mai Tang Bai Zhu San Zhen Wu Tang Bao Chan Wu You Tang Bao Ji Wan

Sheng Hua Tang Shi Xiao San Bu Gan Tang Ding Xin Wan Qing Fei San Shen Ling Bai Zhu San Ling Gui Zhu Gan Tang Jia Kang Zhong Fang Du Huo Ji Sheng Tang You Gui Wan Xian Fang Huo Ming Yin

- 11. Classics books in Chinese Medicine: Li Qi (pestilence Qi), Shu Wen, etc...
- 12. Characteristics of Zao Re, Shi Wen, Jing Jue
- 13. Exterior-resolving methods, lingering in the Qi, Open and extending membrane, diffuse Qi and transform dampness,
- 14. San Ren Tang (three kernels decoction), main herbs for Upper Jiao, Middle Jiao and Lower Jiao
- 15. Cheng Qi Tang, Lung heat surfacing as papules

16. Actions, indications, & ingredients for these formula: An Gong Niu Huang Wan, Zi Xue Dan, Zhi Bao Dan, Ma Huang Tang, Ma Xing Shi Gan Tang, Ma Zi Ren Wan, Da Cheng Qi Tang, Ge Gen Huang Qin Huang Lian Tang, Qing Ying Tang, Zeng Ye Cheng Qi Tang Xin Jia Huang Long Tang Lian Mei Tang Shen Xi Dan Bai Hu Jia Cang Zhu Tang San Jin Tang San Cai Feng Sui Dan San Shi Tang San Zi Yang Qin Tang Yin Oiao San Hao Qin Qing Dan Tang Zhi Shi Dao Zhi Tang Dao Chi Qing Xin Tang Dao Chi Cheng Qi Tang Sang Xing Tang Qing Yan Tang Yu Shi Qing Xin Liang Ge San Liang Ying Qing Qi Tang

- 17. Chun Wen (spring warmth), Re Jie Chang Fu, summer-heat-damp overflowing through San Jiao, Shi Wen (Damp warmth), internal and external pathogens combine,
- 18. Symptoms of initial stage of Qiu Zao, contraindicated in treatment of Qiu Zao
- 19. Symptoms are tinnitus, symptoms and patterns of Lan Hou Sha,
- 20. Tests for carpal tunnel syndrome, Medial epicondylitis AKA, test to evaluate the strength of the gluteus medius muscle.
- 21. Contractility of the muscle/tendon unit is regulated by what organ system in TCM
- 22. Active range of motion tests focus on,
- 23. drop arm test is used to detect,
- 24. passive range of motion tests focus on,
- 25. pain on passive abduction of the shoulder primarily indicates,
- 26. tailbone pain is also known as,
- 27. tenderness and swelling at the site of the infrapatellar tendon insertion into the tibial tuberosity indicates,
- 28. Apley's compression test aids in the assessment of,
- 29. evaluating low back pain,
- 30. the Quick Test of having the patient stand up from a seated position will test primarily what neurological level,
- 31. test that evaluates the proper function of contractile tissues,
- 32. orthopedic test is used to test the sciatic nerve roots and obstructions in the lower lumbar region,
- 33. which plexus innervates the upper extremity,
- 34. which muscle is the primary muscle affected in Torticollis,
- 35. positive Speed's Test implicates what structure,
- 36. most common type of cerebral vascular accident is,
- 37. which anti-body is diagnostic of Hashimoto's Thyroiditis,
- 38. immune system two major divisions (adaptive and the innate),
- 39. which gland can be characterized as an exocrine and an endocrine gland,

- 40. classic sign of an autoimmune disease,
- 41. first sign of Parkinson's disease that patients report is,
- 42. Injury to the 8th cranial nerve is associated with,
- 43. increase the risk of UTI,
- 44. acute glomerulonephritis,
- 45. signs of patient with grave's disease,
- 46. Myxedema refers to under-active,
- 47. symptom of Cushing's disease,
- 48. head trauma and subsequent diabetes insipidus,
- 49. BEST lab test which indicated how well a person's diabetes is managed,
- 50. Consequence of hyperparathyroidism for a person with a parathyroid tumor,
- 51. Carbohydrate digestion mainly takes place in, Protein digestion starts in the,
- 52. example of a polysaccharide is,
- 53. Cholesterol functions in the human body as,
- 54. examples of essential amino acids,
- 55. most common location for skin cancer
- 56. Black fungus, Apricot, and Cinnamon should be avoid by
- 57. In combining food, Mutual Inhibition means
- 58. The four classifications that describe the medicinal features of food are
- 59. Cancer patients should avoid Coffee, Pepper, Cinnamon, except:
- 60. Grape fruit can interfere with medications such as:
- 61. Beets are good for the following except due to the oxalic acid content;
- 62. Sprouted or green potatoes are